

Author Bio  
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Burks was born in Houston, TX at Texas Woman's Hospital, a special hospital in Houston for women who are having complications with birth. His mother was in the hospital thirty two days. At her church Burks became known as the miracle child. The doctor told his parents that either the baby could be saved or his mother. According to Burks, "God saved us both. And he saved me again when I faced the pain that was the source of my sex addiction."

Burks grew up in Missouri City, a very diverse neighborhood outside Houston. His parents divorced when he was four years old. He was raised primarily by his mother, who was and still is a professional counselor. For Burks, being an only child was a challenge; he felt the lack of older brothers or sisters to protect, guide and look out for him.

Burks was driven to excel from an early age, he received awards in science, math and history. Other accomplishments centered around music such as singing competitions, singing with the Fort Bend Boys Choir, and a lead in a local TV Christmas Commercial. At age fifteen, Burks traveled as a "People to People Student Ambassador" to Russia. Then at Grinnell College he sang at Carnegie Hall with The Grinnell Singers. After earning a degree in Chemistry from Grinnell College, he pursued a professional music career while teaching science in the Atlanta, Nashville and Houston public school systems. Burks furthered his education with a Masters in Business Administration from Rice University. Working in real estate development he completed his own development projects and transitioned into corporate real estate for the primary resource his state of Texas is known for: oil.

Burks primary guidepost was his relationship with God, "I truly believe God gives warning before destruction. God would deliver those warning signs through close friends, mentors I've had since high school, counselors and books." Burks is a member of Brentwood Baptist Church. Over the years, Burks has worked with a therapist to build his recovery. The creation of *Sex and Surrender* was influenced by the work and writing of Patrick Carnes, *Out of the Shadows* and *Facing the Shadow* and by *Hooked* by Drs. Joe McIlhane Jr. & Freda McKissic Bush.

Burloc Media Group just released *Sex and Surrender: An Addicts Journey*, and will soon release a companion workbook that further develops Burks unique 4-step process which could potentially be utilized for any addiction. Burks day starts with reading "Our Daily Bread" devotional, and continues with a work out at the gym before he goes to the office to handle duties as a Real Estate Representative for a major oil company. Currently he lives alone and spends his down-time traveling, running, reading, playing volleyball and tennis, listening to music and watching movies.