

Interview Questions for A. D. Burks and *Sex and Surrender* and Addict's Journey

1. Why should people listen to you and your story? What is the single most important message you can offer to your listeners?
2. How would you define any addiction?
3. How would you describe sex addiction since for some people, it is an activity that other people do that they judge? What is it NOT?
4. How did you fly under the radar, since many who knew you would not have known of your activities?
5. Can you share with us what you call "the beast" and the significance of that behavior that led to you realizing what a serious problem this was for you?
6. What was the dream that inspired you to write *Sex and Surrender: An Addict's Journey*?
7. Your motto is "reconciling sexuality with spirituality". What does that phrase mean to you?
8. You are very candid in the book about your sexual activity. Why was that important to share with your readers?
9. Can you share with us some of the steps you took to recovery and how they helped you?
10. Why do you think you feel as whole as you do today?
11. You have created a four-step process to help others face their sex addiction. Can you share the steps?
12. Please give us one example of how these steps have worked in your life.
13. You frequently do live and virtual seminars. Tell us about the next workshop.
14. Where can people purchase *Sex and Surrender: An Addict's Journey*?
15. What more will people learn by going to your website www.sexsurrender.com