

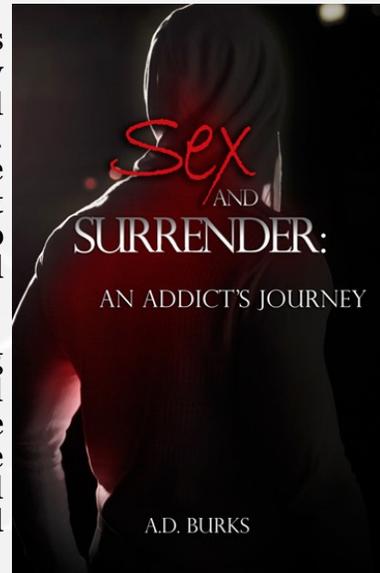
What lies at the root of sexual addiction? A.D. Burks brings a provocative voice to the conversation.

“Sexual, sensual, spiritual, thought-provoking, and self-reflecting can all be used to describe *Sex & Surrender*. Transparent and uncensored, A.D. inspires his readers to find themselves with his story. He takes them through experiences in his life to find love, serenity, and most importantly, himself.” —D. Godfrey Project Coordinator

Sexual indiscretion is front page news. From sports stars to entertainers to politicians and religious leaders, story after story chronicles risky sexual behavior and addiction that shatters a multitude of promising lives. Do we know what motivates this kind of destructive behavior and can it be cured? More importantly, can it be prevented? *Sex & Surrender* offers a fresh four-step approach to solving one of today's most misunderstood and troubling compulsions.

A.D. Burks steps up to this pertinent and challenging discussion with a remarkably candid and soul-searching narrative of his journey to solve the sexual addiction puzzle. He takes readers through the depths of his internal longing for love, purpose and recovery while caught in an addictive cycle that lasted more than a decade.

From a dream came the realization he had to find a way to face his behaviors. Therapy and spiritual counseling gave a temporary respite and helped him devise a four-step process, which he shares here to manage addiction. Yet A. D.'s true breakthrough came when the root of his pain was uncovered and he realized that sex ≠ love. A.D.'s hope is that readers will take a look at themselves and those in their lives struggling with addiction in a new light.



A.D. Burks is a native Texan. He is a renaissance man who sang at Carnegie Hall, took a Bachelors degree in Chemistry, and a Masters in Business Administration from Rice University. Through *Sex & Surrender*, A.D. returns to what he considers his calling -- to use his life lessons to inspire creativity and spiritual growth.

***Sex & Surrender : An Addict's Journey is* available at**
www.sexsurrender.com and on amazon.com

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